

## **Iced Turmeric Lemonade (Servings 4)**

### **Ingredients:**

- 2 cups fresh water
- 1.5 cup of ice
- ½ cup fresh lemon juice (or more to taste-about 2-3 lemons)
- 1-2 tsp. turmeric powder
- ½ tsp. stevia drops
- Tiny pinch of black pepper

### **Directions:**

1. Blend all ingredients in a blender for about 60 seconds.
2. Let the lemonade settle for about 30 seconds, and then pour into a glass with more ice.
3. Enjoy right away!

