



SUGAR STOPPER REPORT

Hey there

Matt Weaver from Results Transformation Center here!

I want to ask you, is sugar stopping or sabotaging you from your health goals?

Answer these questions below if sugar has been an obstacle for you.

Do you believe that what you consume is a direct reflection of how you act and feel?

Would you agree that you will never be able to get exactly where you want and deserve as far as health results if sugar is a part of your regular habits?

Sugar just like the food we consume affects our mind and body.

Do you see the value in having more energy?

How about in being more toned?

Losing the stubborn belly fat?

If so, then this report is going to help immensely and it will change your life, if you choose to follow it.

NOTE— I do suggest you find a coach that can help keep you accountable to this daily, through systems that keep you on track! Change is never easy and it will be a challenge for you whether you label yourself as a sugar addict or not.



Why find a coach?

Because AWARENESS and ACCOUNTABILITY are key!

In this report, you will start to be aware of the “hidden sugars” and names that they substitute as a sugar.



Some names are obvious and others are subtle. And, because you have not been aware, you have been consuming them daily without even knowing.

But it's NOT YOUR FAULT!

Sugar has OVER 50 different names!

The corporations who make and sell sugar are in it for the profits. Here's something interesting to take note of...



WELLESLEY, Mass.— The global market for sugar and sweeteners totaled about \$77.5 billion in 2012 and is projected to increase at a compound annual growth rate (CAGR) of 4.6% and reach nearly \$97.2 billion by 2017, according to a new report from BCC Research.

We know how bad sugar is and how it creates addiction.

Sugar is more addictive than heroin and cocaine, but what makes it hard to avoid is that it's perfectly socially acceptable...and it's everywhere!

Keep in mind, we're not research scientists. I always recommend you do your own research.

However, my experience is my credibility—that speaks for itself.

Here at Results Transformation Center, we've helped our clients lose over 200,000 lbs of fat!

As a result of our experience training of thousands of lives, we know that as you follow this and become more aware you will make the small changes that lead to big changes...

Please do this:

1. Take 30 minutes to look in your fridge and cupboards and read the back of all foods consumed.
2. Get coaching and accountability NOW! We can help with that!

Go to resultsfitfam.com for more info!

Here are the 50+ names of SUGAR do you can start studying and avoiding them as much as possible:

- 1) Agave nectar*
- 2) Barbados sugar*
- 3) Barley malt
- 4) Beet sugar*
- 5) Blackstrap molasses*
- 6) Brown rice syrup*
- 7) Brown sugar*
- 8) Buttered syrup*
- 9) Cane juice crystals*
- 10) Cane sugar*



- 13) Castor sugar*
- 14) Confectioner's sugar*
- 15) Corn syrup
- 16) Corn syrup solids
- 17) Crystalline fructose*
- 18) Date sugar*
- 19) Demerara sugar*
- 20) Dextran
- 21) Dextrose
- 22) Diastatic malt
- 23) Diastase
- 24) Ethyl maltol
- 25) Evaporated cane juice*
- 26) Florida crystals*
- 27) Fructose*
- 28) Fruit juice*
- 29) Fruit juice concentrate*
- 30) Galactose
- 31) Glucose
- 32) Glucose solids
- 33) Golden sugar*
- 34) Golden syrup*
- 35) Grape sugar*
- 36) High-fructose corn syrup*
- 37) Honey*
- 38) Icing sugar*
- 39) Invert sugar*
- 40) Lactose
- 41) Malt syrup

- 42) Maltose
- 43) Maple syrup*
- 44) Molasses*
- 45) Muscovado sugar*
- 46) Organic raw sugar*
- 47) Panocha*
- 48) Raw sugar*
- 49) Refiner's syrup*
- 50) Rice syrup
- 51) Sorghum syrup*

Avoid these sugars you will intimately release more fat, have more energy, and gain higher degrees of health.

We are committed to your health and fitness and look forward to seeing you soon!

Matt Weaver

